



Snow Rackets...



... pure fun !!

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This are only examples trips. Before starting check if you have enough information specially about the snow conditions, if you have the right outfit and a good hiking map

ITINERARY 1

High mountain ring which develops mostly on open ground between Valfredda and Fuchiade at the bottom of Sasso Valfredda (3009 m). Beautiful in south direction of the northern part of the Pale di San Martino. The path is easy and there is no danger there of avalanches. Orientation difficulties in case of fog.

Description: from the road to Flora Alpina Hut, shortly after the bridge over Rio di Zigolè, in location Col de Mez, take, on the left, the forest road to Valfredda (limited parking possibilities on the right about 100 meters before).

After crossing a larch forest, you will come out at the beginning of Valfredda (a former village of huts used for haymaking). Going trough the village, next to the last huts, leave the forest road on the right and go up trough the open slope in NW direction (left) pointing to the watershed that divides Valfredda from Fuchiade. Reached the watershed (maximum height 2050 m) descend on the other side to reach Refuge Fuchiade (dining opportunities). From Refuge Fuchiade after going for about 200 m along the forest road to the Passo San Pellegrino, at the junction turn decisively towards South (left) you will quickly reach the bridge over the Rio Zigolè near the parking.

Starting point:Road to Baita Flora Alpina in locality Col de Mèz wide parking at street side. In front of the parking you notice, on the left, the road that goes uphill (No- trespassing sign – wood signs).

Arrival: bridge over the Rio Zigolè (1849 m).

Ascent: 180 m.

Maximum height reached : 2050 m.

Path length: 4 km.

Dining possibilities: Flora Alpina hut (1820 m) near the starting point; Ref. Fuchiade (1972) at about 2/3 of the way.

Difficulty: easy path. Orientation difficulties in case of fog.

ITINERARY 2

High mountain ring which develops mostly on open ground from Valfredda until Forcella Forca Rossa (2490m).

Beautiful view in south direction of the northern part of Pale di San Martino, Pale di San Lucano and to the east on the group of Civetta and Moiazza. The path is demanding. Orientation difficulties in case of fog.

Description: enter the mule-track in front of the parking that starts in direction East / North-East towards the larch wood. After a short climb, continue flat and cross the beaten track that connects the refuge Fuciade with Baita Flora Alpina (that will be the way to return). In a short time you reach the Casoni of Valfredda. The road lines firstly the huts until you reach the centre of the buildings. The path turns right to cross the stream. Climb the slope following the lawns in free paths until you reach the entrance of a large side valley. Reached the wooden stakes, turn left, following the sign for Forca Rossa continuing along the forest trail CAI 694 Alta Via dei Pastori. You will soon reach a capital made of wood, continue north for a hundred metres. Then the itinerary continues to the right and goes into the side valley to the plateau above, characterized by the presence of large boulders. The ideal route goes up near the ridge to avoid the long underlying plains. Forca Rossa is identified with a black pole with a circular terminal and the last stretch to reach it is very steep. You can come back on the same itinerary or returning to the capital turn right along the base of the ridge above. In few minutes you reach the watershed between Valfredda and Fuciade near the small artifact in concrete (aqueduct). Descend following the ridge to the south to reach the flat underlying sections until you meet the beaten track that connects the 2 refuges (Fuciade-Baita Flora Alpina). Following this track you return quickly at the starting point. Alternatively, but more challenging, you can make the descent to Malga Ciapela that presents in the first part a steep slope in direction Casera Franzedà, to assess in case of not settled snow; in this case the downhill height difference is about 1100 mt.

Starting point: Road to Baita Flora Alpina in locality Col de Mèz wide parking at street side. In front of the parking you notice, on

the left, the road that goes uphill (No- trespassing sign - wood signs).

Point of arrival: Col de Mèz 1870 m.

Difference in rise: 650 m.

Maximum altitude reached: 2490 m.

Duration: 3 hours

Possibility of snak-area: Rifugio Baita Flora Alpina (1820 m) tel. 0437599150 (near of the starting point).

Difficulties: Demanding path. Possible orientation difficulties in case of fog.

ITINERARY 3

Loop trail that stretches mainly in spruce and larch forest with departure and arrival at the village of Sappade.

It allows you to reach the historic farm of Jore (historical settlement partially restored dating back to the late 1700s). The path is easy and particularly suitable in the case of recent snowfall but the signage is almost non-existent.

Description: The itinerary begins at the eastern edge of the town of Sappade where you take the path for the Val de Casoni. After the first steep ascent, go right into the woods and, slightly downhill, after passing some ruins of barns once used for haymaking, you'll reach the Pian della Stua. On the left, then, taking the forest road after a steep climb you'll reach the large glade of Jore (beautiful view of Civetta, Cime dell'Auta and the northern chain of the Pale di San Martino).

By Jore continue then towards W in direction Sappade you'll reach it towards Meneghina after crossing a light saddle (Forzèla) and a final path that goes steeply downhill.

Starting point: Sappade (1350 m). in the eastern edge of the village.

Arrival: Sappade (1370 m) in the west edge of the village.

Highest altitude : 1500 m.

Minimum height reached: 1300 m.

Maximum height difference uphill: 200 m.

Path length: 3.5 km.

Dining possibilities: Agriturismo Piccola Baita a Sappade (restaurant) .

Difficulty: Easy route

ITINERARY 4

Trail that stretches mainly in spruce and silver fir forest with departure and arrival in Falcade. It allows you to reach Canale d'Agordo, the Town where Pope Paul I was born.

Description: the itinerary starts next to the Cross-country Center of Falcade, where it is possible to rent the equipment, it runs then for a while next to the cross-country ring. Once you have passed the part of trail that crosses the cross-country ring you enter the forest, following the road along the Biois River that takes you until Canale d'Agordo. You come back on the same way.

Start and arrival: Falcade (1140 mt) by the Cross-country Center (Piazzale dello Sport)

Highest altitude : 1140 m.

Minimum height reached: 976 m.

Maximum height difference uphill: 170 m.

Duration: 2 hours and 30 minutes

Path length: 9 km.

Dining possibilities: Restaurants in Falcade or in Canale d'Agordo

Difficulty: Easy

ITINERARY 5

High mountain path which develops on open ground from Valles Pass (reachable in 25 min from Falcade by car) until Cima Pradazzo. 360° view on the most important Dolomites Peaks.

Description: The itinerary begins in proximity of the Valles Pass, it follows firstly the ski slope that crosses a forest road that leads to the Refuge Laresei. You have to go up the slope for 100 m. overpassing the first of a large number of hills that characterised this trip. Going on you'll see on the right the construction of Alm Pradazzo and you cross the ski slope again. Continuing in the same direction, north, finding out the best way to get over the

hills of Colle Campigol you'll keep the ski slope on your left until you cross it again. You have to turn then right in east direction , in short time you'll reach Refuge Laresei (2250 m.) a beautiful panoramic viewpoint. You can descend on the same route or finding out your favorite slope to reach the Valles Pass.

Start and arrival: Valles Pass 2031 m.

Highest altitude : 2250 m.

Minimum height reached: 2031 m.

Maximum height difference uphill: 280 m.

Duration: 1 hour and 40 min

Dining possibilities: Refuge Laresei - Capanna Passo Valles.

Difficulty: easy trip. Orientation difficulties in case of fog.

ITINERARY 6

The path winds through woods of spruce with a wide view of the Valley of Garés.

Starting point: Locality Soia - Canale d'Agordo (Cross country ski trail).

Duration: 0.30 minutes; 1.00 hour.

Drop: 50 m.

Difficulty: Very easy, also for children.

ITINERARY 7

It runs along the right bank of the river Liera starting from Campion. Continue along the bike path that leads to Pian de giare.

Picturesque landscape due to the presence of numerous frozen waterfalls. Midpoint of possible stop at Pian de Sabion (Camping Lastei).

Starting point: Campion - Valle di Garés.

Point of arrival: Pian de Giare - Garés.

Duration: 2:00-2:30 hours.

Drop: 216 m.

Difficulty: Easy.

ITINERARY 8

The trail runs from about half of Garés Valley, continues on trail 754 through spruce and larch forest. Possible sighting of Alp game. Upon arrival at Casera Vecia you'll see a magnificent panorama with a beautiful view on the Valley of Garés and Monte Civetta.

Starting point: Pian de Sabion.

Point of Arrival: Casera Vecia.

Duration: 2:30-3:00 hours.

Drop: 795 m.

Difficulty: Very difficult. To be avoided during periods of heavy snow and avalanche danger. Inquire about the possibility of traveling at Valley Mountain Rescue Biois. Tel. 0039 0437 590239.

ITINERARY 9

From Garés continue on the silvopastoral road that leads to Malga Stia (Farm open during the summer season, Tel. 3200578220/3477963593). Beautiful panorama with nice view of the north edge of mount Agner, Plateau of the Pale di San Martino and Focobon. The trail is located in the middle of an Aline Reserve, then you can see the Alps prized game: chamois, deer, mountain goats and eagles.

Starting point: Garés-town.

Point of arrival: Malga Stia.

Duration: 1:30-2:00 hours.

Drop: 402 m.

Difficulty: Easy.

ITINERARY 10

From Garés, continue along the path 704 until the waterfall. Unique place because of the beauty of the frozen waterfall.

Starting point: Garés.

Point of arrival: Garés waterfall.

Duration: 1:00-1:30 hours.

Drop: 126 m

Difficulty: Medium. To be avoided during periods of heavy snow fall, avalanche danger.

ITINERARY 11

The route is located at the bottom of the Garés Valley and winds around the Cross Country trail. It is possible to rent the equipment at the Restaurant Capanna Cima Comelle (snowrackets and poles). Picturesque landscape due to the presence of small shrubs and conifers covered with ice crystals. It is possible to do the path even at night as enlightened.

Starting point: Pian de Giare (Cross country ski trail).

Duration: 0:45 minutes; 1:00 hours.

Difficulty: Very easy, also for children.

ITINERARY 12

The trail runs from Pian de Giare along the trail 756 up to locality Cesurette and continues on trail 759 until Casera Campigat . Suggestive view on the San Lucano Valley and the north edge of mount Agner. Westward view on the Pale di San Martino the peak of Focobon and the peak of Campido.

Starting point: Garés-Pian de Giare.

Point of arrival: Casera Campigat.

Duration: 2:00-2:30 hours.

Drop: 468 m

Difficulty: tiring but not difficult.



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